

Grief Support Group



Have you experienced a recent loss in your life? The loss of a loved one, a relationship, a pet, a job? A surprising change in health – your own or someone you care for? Many different kinds of loss can leave us grieving. And while everyone grieves differently, sometimes it's good to come together to share and to receive the support of others.

An eight-session Grief Group will be held at Immanuel Lutheran Church in Saratoga, CA beginning Thursday, October 12 and running through Dec 7, from 7:00 - 8:00 PM. If you or someone you know would like to participate or for more information, please contact Pastor Derek Engfelt at pastord63@gmail.com or call 408-499-4866. Space is limited.