

***** BUILDING PEOPLE, SERVING GOD *****



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Coming Events

Apr 6: 8.00 AM Men's Breakfast@ Effie's in Campbell(1st Sat of the Month: May 4, Jun 1, July 6)

Apr 20, 8:30 AM: Women's breakfast @ Effie's in Campbell

Worship-*Traditional – 9.00 AM *Contemporary Service - 10.45 AM Online Service - https://ilcsaratoga.org/live.php (Live stream)
April 28: Single Service Sunday, 10:15 AM, followed by refreshments. 2024 Scholarship Applications! – Page 12
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"Volunteer to Serve on Sundays!"

*Please sign up for weekly Altar Guild ***

*Shelter Meals Schedule: Please Sign up to cook or serve***



Pastor Derek Writes...



By Pastor Derek Engfelt





Pastor Derek Writes...

'He who was seated on the throne said,
"Behold, I am making all things new."
Then He said, "Write this down,
For these words are trustworthy and true.'
Revelation 21:5

I love this time of year! The days are getting noticeably longer and warmer. Life is bursting forth everywhere! (Didn't I JUST weed that patch over there? How is it that it has grown back so quickly?) The Lenten season, which is so profoundly meaningful, is also so very busy. There's a lot going on. And with the coming of Easter, there is, especially among church-workers, a big collective sigh of relief. (This is reflected in the reality that many-a-pastor schedules time away the week after Easter.) While many rejoice to see the calendar turn over to a New Year, for me, Easter marks the quintessential New Beginning.

Christ is risen! He is risen indeed!

And with this Good News, we are infused with life!

Easter is life, victory, positivity, light – and so much more...

We open the windows of our homes to welcome in the fresh air (no longer an unwanted cold chill). And we open the windows of our hearts to welcome God's refreshing Spirit, that quickens our faith, blessing us with joie de vivre, and increases our zest for living.

During Holy Week, we experienced both the dark, depths of death (Christ crucified: My God, what have You forsaken Me?), as well as the News that is both Good and Final: Jesus Lives!

God has the Final Word – and it is a word of LIFE – for Jesus... and for us all!

Begin each day by breathing deeply the fresh air that fills your lungs and invigorates your body. Then breathe just as deeply of the Word of God and the Spirit of God – that invigorates both soul and spirit.

God will faithfully bring about His promise to "make all things new." What joy to know that in the midst of the decline, death and decay that is rampant in the world, God infuses earth and heaven with power, life and spirit!

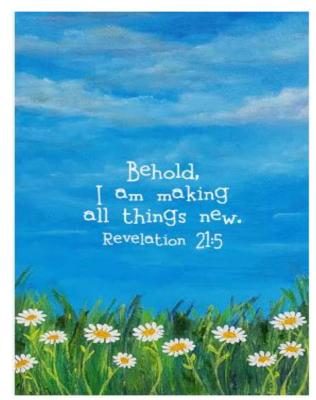
Look around you today. Look around you tomorrow. Discover the signs of God's life-giving presence. Open

your eyes to see the newness that God is bringing to each day. And you will grow in confidence that when you close your eyes for the very last time, God will awaken you to a Day that is New like none you've ever known.

You have His Word on it.

Serving in Your Midst with Joy and Gratitude,

Pastor Derek J Engfelt



THE MESSENGER People Helping People!

An experience by congregation member - 1. Man on the Median - Our member was

driving and was about to make a left-hand turn at Saratoga and Prospect/West Campbell Ave when he saw a man with a sign asking for food or money. Our member rolled down his window and showed him the People Helping People clear bag so he could see what was inside. He then told the man" Our church, ILC, made the bags to help people. The man said that he could really use this and then that he and others lived under the bridge on Prospect Ave. near Lawrence and that he was also collecting food and money for them. Our member gave him two bags and he thanked him profusely and said God Bless.

2. Young man sagging by the Store: Our member was shopping at Trader Joes and on his way out saw a young man looking very dejected with a sign asking for food. He sat next to the young man and asked him what was wrong. He answered that he had been living at the shelter and that the other day all his belongings were stolen from the shelter, including his cheap cell phone. He said he needed this in order to get around and look for a job. Our member mentioned about the food packages and that our church ILC was always trying to help people. The young man said that was very special. Before saying goodbye, our member told the young man to try to keep his spirits up and to go back to the shelter. He said he was but was trying to get some food and money to get another phone. They talked about positivity and using all the gov't services available. The young took the two bags and he thanked our member profusely.

Helping anyone even if it is just a little means so much to people who literally have nothing. God's grace.

Come join us as we serve those in need in practical ways. As we do so, we're living into our ILC vision of "passionately responding to the grace we've received by joyfully serving others in the name of Jesus."

Sunday school provides a structure for teaching God's Word. Preaching isn't enough. A systematic teaching of the Scriptures = not just preaching (Acts 5:42) needs to occur through all age levels. Children, youth, and adults need opportunities for discovery, review, and interaction as they study God's principles.

Sunday school meets needs!

But Jesus called the children to him and said,

"Let the little children come to me, and do not hinder them, for the kingdom of 6od belongs to such as these.

Luke 18:16 NIV

THE MESSENGER Volunteer to Serve on Sundays



For God is my witness, whom I serve in my spirit in the gospel of His Son.

Rom. 1:9

It takes many people to make Sunday mornings "happen". You're welcome to participate and be one of them!

Service Opportunities include:

Altar Guild: Prepare communion elements, prepare sanctuary for worship; clean up after worship.

Audio: Make sure our sound system is in good working order and monitor sound during the service.

Livestream: Control the livestream setup and camera during the service to support our "Church without Walls"

Coffee: Provide treats for fellowship time after service **Communion**: Help distribute communion during service

Greeter: Warmly welcome people at the door and hand them a bulletin

Lector: Read lessons in church

Liturgist: Assistant leader in worship, chant the opening liturgy

Usher: Hand out announcement pages, take offering, light and extinguish candles

If you have questions about any of these Sunday Morning Activities, please email Alyssa McCoy <u>alyssamccoy@comcast.net</u>











How the flowers grow

Once upon a time, in a beautiful garden full of colors and laughter, the flowers had a secret. They knew exactly how they grew, and they loved to share their knowledge with the curious children who visited the garden.

One sunny day, as the children played among the flowers, they noticed a tiny, delicate blade of purest green peeking out from the soil. It stretched its little arms east and west, and south and north, as if to greet the world with a warm embrace.

Every day, the children visited the garden to check on their new little friend. They noticed that it was slowly growing taller, wrapping itself protectively around a small, sleepy bud. The tiny green leaf seemed to keep the bud warm and cozy as it slumbered, waiting for the right time to awaken.

Then, one glorious morning, as the sun began to rise, the sunbeams danced their way down to the sleeping bud. They whispered gently, "We are the children of the sun, sent to wake you, little one." The little leaf, hearing the sunbeams' message, opened wide, revealing the tiny bud inside.

The bud, now exposed to the world, began to open its eyes, taking in the beauty of the bright and sunny sky. The breezes from the west and south blew softly, planting tender kisses on the bud's delicate petals, encouraging it to grow and flourish.

Day by day, the petals grew stronger, more vibrant, and more beautiful. The children marveled at the transformation taking place right before their eyes.



And finally, the bud had transformed into a stunning, full-grown flower, adding even more color and beauty to the already enchanting garden.

The children, now filled with wonder and understanding, had learned the secret of how the flowers grew.



THE MESSENGER Men's Breakfast

Men's Breakfast is held the first Saturday of each month at Effie's Restaurant in Campbell (331 W. Hacienda Ave). We meet at 8:00am, share breakfast, fellowship, and engage in a free-wheeling, Bible topic discussion. We conclude by 9:30 am.

All men of the congregation – members and visitors – are welcome.

ILC Men enjoying a relaxing Saturday morning breakfast (photo credit: Pastor Derek)





Women's Breakfast

The Women's Breakfast is held the third Saturday of each month at Effie's Restaurant in Campbell (331 W. Hacienda Ave). We meet at 8:30am for a short devotion, after which we share breakfast and fellowship. We conclude by 10:00. All women of the congregation – members and friends – are welcome.

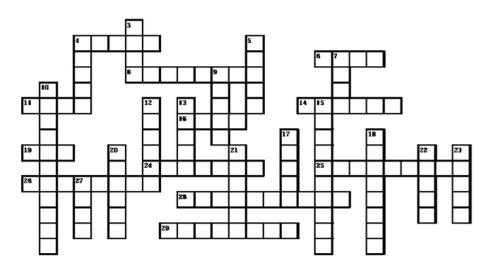


ILC ladies at the women's group meeting (photo credit: Cheryl Moorman)



Crossword Puzzle: The Genealogy of Jesus





March Answers

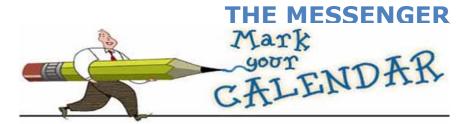


Across

- 2 Father of Mary the Mother of Jesus (Lk. 3:23)
- 4 The heel grabber
- 6 David's grandfather
- 8 Saw time move backward
- 11 Third born son of Adam
- 14 A leper
- 16 Didn't believe Isaiah 7:14
- 19 Took away the sodomites out of Judah
- 24 Father of the Jewish nation
- 25 An adultress
- 26 A penitent king who ruled the longest
- 28 The oldest man ever
- 29 The childless king of Israel (Jer. 22:30)

Down

- 1 Helped to build the Ark
- 3 Saw the first rainbow
- 4 Father of the kings of Israel
- 5 Boaz's mother
- 7 Married Ruth
- 9 Sacrificed at Moriah
- 10 Asked for a prophet of the Lord
- 12 Destroyed altar at Bethel
- 13 A great grandmother of Jesus who was a prostitute
- 15 Rebuilt the Temple
- 17 Father of David the King
- 18 Divided Israel
- 20 Jesus' adopted father
- 21 Solomon's brother (1 Chron. 3:5)
- 22 Died in Haran
- 23 Abraham's grandfather
- 27 The son of God
- * Please use the '-' minus and '+' plus sign on top of the pdf page to enlarge this page to view the numbers on the crossword puzzle.





ILC EVENTS / ANNOUNCEMENTS

THE FOOD CART - <u>Please consider adding a package or two of food</u> to the cart whenever you shop. The hunger problem seems always to be with us, and all donations help. Thank you for keeping this in mind when you shop! The Community Service Committee

Community Support: Thank you for your continued donations of clothes (placed in bags), food, and children's books. The collection bins are located alongside the church office parking lot, and you can drop items (non-perishables) in the bins at any time. Your generosity is appreciated!

If you would like to make an E-Donation to ILC, then either download the Givelify App on your smartphone, or go online to http://ilcsaratoga.org/give. Givelify gives you a beautiful, easy-giving experience using your smartphone, tablet, or PC. There are no frustrating web forms or text-to-give codes to memorize. Even better, it's free to download and use. It's safe and secure, and for tax time, you have one-tap access to your complete donation records.









Each Sunday, we adorn our altar in the sanctuary with flowers. If you would like to purchase flowers in honor of a special birthday or anniversary, please email Pastor Derek at pastord63@gmail.com

Also are available for sign-up in honor or memory of someone -

Easter Lily plants for Easter and Poinsettia plants for Christmas! *These flowers adorn the sanctuary for these special services!

Memories at ILC

EASTER

LADIES RETREAT





Habitat for Humanity









Summer Concerts In the Park













Christmas Concert

Children's Christmas Play









Worship Offerings

We offer three worship experiences – traditional, contemporary and livestream. https://ilcsaratoga.org/live.php. Please check website for each week's Livestream start time.

Wednesday Bible Study: God's River of Life

Join us Wednesday mornings in at 10:00 AM as we journey down *God's River of Life*. All are welcome.

We meeting in person in the Fireside Room. Treats are served at the conclusion of the class (11:30). If you're unable to meet with us in person, you can join via Zoom by clicking here: https://uso2web.zoom.us/j/83250020639

If you would like to participate or for more information regarding the material we are using, please contact Pastor Derek at pastord63@gmail.com

Thursday Morning Study

Thursday morning Bible study (Yokefellows) continues to meet each Thursday morning at 6:30 AM in the church Fireside Room. Refreshments are served. We are continuing our study on the *Gospel according to Mark*. If you're unable to join us in person, you can participate from the comfort of your own home by clicking here:

https://uso2web.zoom.us/j/87581100281?pwd=dEgrblEwUFZlaU5NQy91RE9sWlNIQT09

Diving Deeper: Wednesday evenings at 7:00 PM.

All are welcome to attend a Wednesday evening one-hour gathering, at which we will read and study the Scriptures that will be read in church the following Sunday. Not only will this event prepare you for a more meaningful experience on Sunday, it will also give you a chance to provide sermon input. And, of course, it's always meaningful to share in fellowship with others around the Word. Can't join us in person? Participate from the comfort of your home by clicking here: https://uso2web.zoom.us/j/87353776510

Enter the Bible

Luther Seminary has created a powerful, free resource to break down each book of Scripture to give you an in-depth overview of its background and context, its author and setting, the issues and themes you can find in it, and so much more.

Click here to get access now: https://enterthebible.org/free-account-registration/

Beautification Team's April Outing & Fundraiser

Beautification Team's April Outing & Fundraiser

All are welcome to join us Wednesday, 4/3 for dinner at BJ's restaurant in Cupertino! The fundraiser hours will be from 11 AM - 8 PM, with our Fellowship Hour at 5 PM. BJ's will donate 20% or our meal ticket. Use code Apr398 if you order online, but when ordering in person, show flyer. Join us!

Place: BJ's Restaurant, 10690 North De Anza Blvd, Cupertino

Date: Wednesday, April 3

Time: 11-8 PM. Join us at 5:00 PM, if you'd like to share a meal

together.



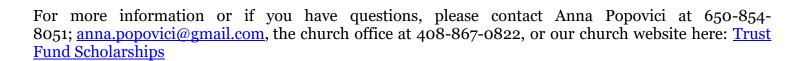
Details: Flyer (available in church on 3/20 or online at our church website here <u>BJ's Fundraiser</u>) needed for inperson ordering.

2024 SCHOLARSHIP APPLICATIONS!

If you are a graduating senior or are continuing on to college and are a member of Immanuel Lutheran Church, you may be eligible for a Trust Fund Scholarship. Applications are now available electronically. All applications must be fully completed and submitted to Anna Popovici by Sunday, May 5th in order to be considered for a scholarship.

Thanks to generous donations and bequests from members and friends of Immanuel, the Trust Fund is able to provide the following scholarships:

- Shonk Memorial Scholarship
- Joseph W. Doherty Memorial Scholarship
- Amundsen/Geri Memorial Scholarship
- Lutheran School Scholarship
- Richard Johnson Memorial STEM Scholarship

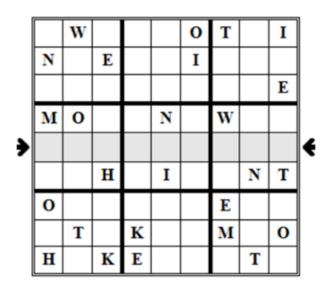


Wordoku has the same rules as regular Sudoku, but uses letters instead of numbers:

- Each of the nine rows is nine cells wide, and must contain the 9 letters used in the puzzle. So, each letter must appear once and only once in each row.
- The same is true with the nine columns. So, each letter must appear once and only once in each column.

The third unit, the region, is a $< 3 \times 3$ > square bordered by a thick line, and it must also contain the 9 letters used in the puzzle. So, each letter must appear once and only once in each $< 3 \times 3$ > square.

When the grid is completed, the grey squares will reveal a nine-letter word or sentence at the center of the puzzle, between the two arrows.



	- 1	Th	e G	bood	Sher	her	d	
		Th	e 9 1	letter	rs to	use	:	
E	Н	I	K	M	N	0	T	W

March Answer

SCOUNDREL	
Did You Know?	
Nabal's wife Abigail said to David my lord regard this scoundrel Nab his name is, so is he: Nabal is his r folly is with him.» (1 Sam. 25:25). I appeased David's wrath toward her	oal. For as name, and Her words



Preschool from 2 years old to entry to 1st grade

License# 434414738



Immanuel Lutheran Church 14103 Saratoga Ave, Lower Fellowship Hall, Saratoga, CA 95070 Tel: 408.781.7874, info@ButterfliesAcademy.com

Please Call us at above number to schedule a tour

www.ButterfliesAcademy.com





THE MESSENGER Weddings at Immaunel Lutheran Church, Saratoga



Judy Onton is our ILC wedding coordinator.

To find out more, take a brochure from the pew rack, or check out our website: www.ilcsaratoga.org/weddings. Follow us on Instagram: ILCSaratogaweddings. Share with family and friends of this beautiful and charming santuary to hold their matrimony.



Many couples have joined hands to their lives at quaint church and its tranquil surroundings



FROM THE EDITOR'S DESK



Coronavirus: I have put together hotline numbers and some useful and informative websites!

Coronavirus Hotline for Seniors - The hotline number is 1-833-544-2374. Call **2-1-1** in 150 languages. 24/7

Text **211211** to receive texts on updates

https://www.kcra.com/article/gov-newsom-coronavirus-update-march-31/31983378

https://www.sccgov.org/sites/phd/news/Pages/covid-19-call-211.aspx Emotional Listening Support Contact 24/7 Helpline: 1-800-932-4616 (Toll

Warm Line - Mental Health Association of San Francisco (mentalhealthsf.org) http://www.contacthelpline.org/emotional-listening-support

Santa Clara County (SSC) Update on Coronavirus – www.sccphd.org/coronavirus. https://www.sccgov.org/sites/phd/DiseaseInformation/novel-coronavirus/Pages/home.aspx

Covid-19 on CDC - https://www.cdc.gov/coronavirus/2019-ncov/index.html State of California hotline to deliver services & help for older Californians - 1-833-544-2374.

Anyone interested in reporting a possible violation - Can email pubhealthreferral@dao.sccgov.org or call 408-792-2300 to leave a voicemail.

For more info, please go to the following websites. 1. https://covid19.ca.gov/ 2. https://covid19.ca.gov/safer-economy/





Breakfast for dessert...

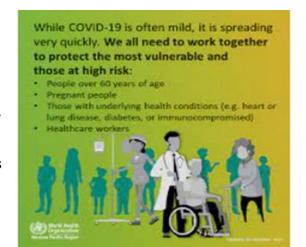
There was an elderly couple who, in their old age, noticed that they were getting a lot more forgetful, so they decided to go to the doctor. The doctor told them they should start writing things down so they don't forget. They went home, and the old lady told her husband to get her a bowl of ice cream. "You might want to write it down," she said. The husband said, "No, I remember you want a bowl of ice cream." She then told her husband she wanted a bowl of ice cream with whipped cream. "Write it down," she told him, and again, he said, "No, no, I can remember: you want a bowl of ice cream with whipped cream." Then the old lady said she wanted a bowl of ice cream with whipped cream and a cherry on top. "Write it down," she told her husband, and again he said, "No, I got it. You want a bowl of ice cream with whipped cream and a cherry on top."

So, he gets the ice cream and spends an unusually long time in the kitchen, over 30 minutes. He approaches his wife and hands her a plate of eggs and bacon. The old wife stares at the plate momentarily, then looks at her husband and asks, "Where's the toast?" 🔊

Covid Coach" for self-care and mental health: App found in Google Play in Android phone, and Apple Store in iPhone or iPad https://mobile.va.gov/app/covidcoach

Show empathy to those still susceptible to Covid-19. Some have multiple high-risk factors, making them vulnerable to the COVID-19 viruses and new sub-variants. Feeling more isolated and unable to partake in most human interactions, these people can do with a smile, a compassionate glance, or a kind nod that gives comfort, support, and encouragement!

God Bless, and Stay Safe! Vaskie Turner



THE MESSENGER Inspirational Christian Article

A Secret Phrase That Helped A Young Boy

In Chicago, one cold night, a blizzard was setting in. A little boy was selling newspapers on the corner. The people were in and out of the cold. The little boy was so cold that he wasn't trying to sell many papers.

He walked up to the police officer and said, "Mister, you wouldn't happen to know where a poor boy could find a warm place to sleep tonight, would you? You see, I sleep in a box up around the corner and down the alley, and it is freezing at night. Sure, it would be nice to have a warm place to stay."

The police officer looked at the little boy and said, "You go down the street to that big white house and knock on the door. When they come out the door, say John 3:16, and they will let you in."

So, he did. He walked up the steps to the door and knocked, and a lady answered. He looked up and said, "John 3:16." The lady said, "Come on in, Son." She took him in, sat him down in a split-bottom rocker before a great big old fireplace, and went off. He sat there for a while and thought, "John 3:16.... I don't understand it, but it sure makes a cold boy warm."

Later, she returned and asked him, "Are you hungry?" He said, "Well, just a little. I haven't eaten in a few days, and I guess I could eat some food." The lady took him to the kitchen and sat him at a table full of wonderful food. He ate and ate until he could not eat anymore.

Then he thought, "John 3:16.... Boy, I sure do not understand it, but it sure makes a hungry boy full." She took him upstairs to a bathroom and a huge bathtub filled with warm water, and he sat there and soaked it for a while. As he soaked, he thought, "John 3:16...I sure don't understand it, but it sure makes a dirty boy clean. You know, I have not had a bath, a real bath, in my whole life. The only bath I ever had was when I stood before that big old fire hydrant as they flushed it out."

The lady came in, got him, took him to a room, tucked him into a big old feather bed, pulled the covers around his neck, kissed him good night, and turned out the lights. As he lay in the darkness and looked out the window at the snow coming down on that cold night, he thought, "John 3:16.... I don't understand it, but it sure makes a tired boy rested."

The following day, she returned and took him down to that big table full of food. After he ate, she took him back to that same big old split-bottom rocker in front of the fireplace, and she took a big old Bible and sat down in front of him and looked up at him and asked, "Do you understand John 3:16?"

He said, "No, Ma'am, I don't. The first time I heard it was last night when the police officer told me to use it."

She opened the Bible to John 3:16, and she began to explain to him about Jesus. Before that big old fireplace, he gave his heart and life to Jesus. He sat there and thought, "John 3:16. I don't understand it, but it sure makes a lost boy feel safe."

Many confess that they do not understand either how God would be willing to send His Son to die for us and how Jesus would agree to do such a thing. Most do not understand it either, but it makes life worth living!

The Hills Are Alive... with ILC Hikers!

This year will repeat some of our best hikes and have new opportunities to explore, as well.

These are "no one left behind" hikes and fun for the whole family. Invite your friends!

Apr. 13: Ascending Mt Umunhum. Bald Mountain Parking Lot. A moderate hike of 8.5 miles, with 1245 feet of elevation gain.



Getting There:

Exit Highway 85 at Camden Avenue. (From Southbound 85 turn left on Camden Avenue. From northbound 85 turn left on Branham Avenue, then left on Camden Avenue.) Travel on Camden Avenue about 1.6 miles. Travel on Hicks Road about 6.3 miles. At the stop sign (at the top of the road and the junction of Mt. Umunhum Rd., turn right. Continue uphill 1.7 miles. Parking lot is on the left.

Time: **8:00 AM. This hike will take about 3.5 hours**. (If you would like to hike half, meet at 10:00 AM at the top parking lot, hike down, and we will transport you back up.)

Plan to arrive by 7:45 AM. We'll gather our group and plan our hike. We'll hit the road at 8:00 and plan to return to our cars by 11:30.

April 27: Coyote Valley Open Space Preserve: 550 Palm Ave., Morgan Hill, CA 95037. A relatively easy hike. 4.25 miles. 674 elevation gain.

Getting There:

From Highway 101 south, take Bailey Avenue west. Go .7 miles.

- Turn left on Santa Teresa Boulevard. Continue 2 miles.
- Turn right on Palm Avenue. Continue .7 miles.
- The preserve is at the end of Palm Avenue.

Time: 8:00 AM

Please RSVP so I know you'll be coming. In case of bad weather, I'll send a cancelation note to all who RSVP by 9:00 PM the evening before. Dress in layers, bring a water bottle, and wear comfortable and sturdy shoes/boots. You can RSVP by emailing me at pastord63@gmail.com or calling 408-499-4866.

Hygiene Kit Assembly Day

Hygiene Kit Assembly Day coming April 28! Participate with our congregation and Scout Troops 581 and 582 in assembling Hygiene Kits for the needy. All future assembly days will be on the combined service Sundays going forward. The kits contain shampoo, soap, toothpaste and other essential toiletries. We make 200 total, 100 for women and 100 for men. Once assembled, they are distributed to four community shelters serving the needy. Many hands make light work, so please lend a hand. It takes less than 20 minutes and there are refreshments.





**Send in and share your creations and make our Newsletter "The Messenger" vibrant!

PRAYER WORD SEARCH

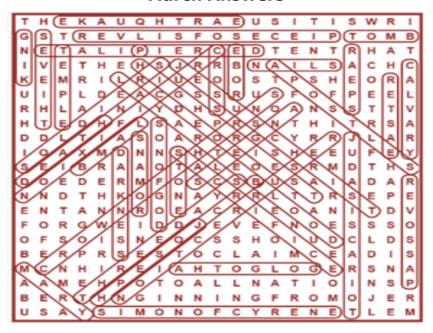
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BLESSING
COMMUNION
DEVOTION
FAITH
GRATITUDE
GUIDANCE
HEALING

HOPE
HUMILITY
INTERCESSION
MEDITATION
PETITION
PRAISE
PRAYER

REPENTANCE
REVELATION
SILENCE
SPIRIT
SUPPLICATION
THANKSGIVING
WORSHIP

March Answers



Vaccinations...



GOT YOUR SHOT? The latest updates on vaccine eligibility and how to schedule an appointment are available on the County's website at sccfreevax.org. In addition, residents without internet access or who need additional assistance can make appointments for the County Health System vaccine sites through the Valley Connection Call Center at 408-970-2000. The Call Center is open Monday

through Friday from 7 am to 9 pm and Saturday and Sunday from 8 am to 4:30 pm. Assistance is available in English, Spanish, Vietnamese, and other languages. If you have trouble making your appointment and need assistance, please let Pastor Derek know. We have people standing by ready to help. Influenza (Flu) - Public Health - County of Santa Clara (sccgov.org)

CDC Recommends Updated COVID-19 Vaccine - 09/29/2023

CDC recommends that everyone ages 6 months and older get the updated 2023–2024 COVID-19 vaccine to protect against serious illness. The updated vaccine is safe and effective at protecting against COVID-19-related hospitalization and death, and it also reduces your chance of suffering the effects of Long COVID.

Getting vaccinated is especially important for people at highest risk for severe illness, including:

- Older adults
- People who have <u>certain health conditions</u>
- People who have a weakened immune system
- People who are <u>pregnant</u>

Read more about the updated vaccine and CDC's recommendation.

Use <u>CDC's COVID-19 booster tool</u> to learn if and when you can get boosters to stay up to date with your COVID-19 vaccines.

CDC recommends everyone stay up to date with COVID-19 vaccination, including all primary series doses and boosters for their age group.

The original COVID shots are no longer authorized in the U.S. That's the Pfizer and Moderna COVID-19 messenger-RNA vaccines based on the original strain of the SARS-CoV-2 virus that emerged in Wuhan, China, in late 2019 and were given as a two-dose primary series starting in December 2020. That strain has long been replaced by a series of variants, including the current omicron.

- One shot gets you caught up. Most people who haven't yet had a shot of the updated "bivalent" vaccine based on both the Wuhan and more recent omicron strains can now receive a single dose. That includes the 30% of Americans who didn't get vaccinated with the two-shot primary series of the original vaccine. Children 6 months to 5 years old who are unvaccinated or who had the original vaccine can receive multiple doses of the bivalent vaccine for kids.
- Older and vulnerable adults can get another booster. If you are 65 or older and already had a dose of the bivalent vaccine, you can now get a second booster of that shot after at least four months. Those with compromised immunity who had a dose of the bivalent vaccine also may receive another shot after at least two months, and additional doses at the discretion of their doctor. Most other people who already had the bivalent shot are not eligible for another.

Getting a COVID-19 vaccine after you recover from COVID-19 infection provides added protection against COVID-19. People who are moderately or severely immunocompromised have <u>different recommendations for COVID-19 vaccines</u>, including boosters. <u>Stay Up to Date with COVID-19 Vaccines Including Boosters | CDC</u>

Velocity Handbell Ensemble presents



echoing in the future



SATURDAY, MAY 18, 2024 2 PM

Immanuel Lutheran Church 14103 Saratoga Avenue Saratoga, CA 95070

SUNDAY, MAY 19, 2024 4 PM

First Covenant Church 4000 Redwood Road Oakland, CA 94619

free concert - donations will be accepted

THE MESSENGER Come Worship With Us!



14103 Saratoga Ave. Saratoga, CA 95070

Tel: 408-867-0822 Fax: 408-867-0824 Office.ilc.saratoga@ gmail.com

We're on the Web!

See us at:

www.ilcsaratoga.org

Traditional Service 9:00 a.m.

Come hear our wonderful choir, bell choir, and organist.

Communion is served each Sunday as part of the liturgy.

Visitors are always welcome!

Contemporary Service 10:45 a.m.

Features a more contemporary worship. Sing praises to the Lord with our Contemporary Worship Team. The music is uplifting and enjoyable for all ages. What a great way to start the week? Communion is served every Sunday.

About the Messenger

Please submit articles by the **15th** of the month, typed (preferably text or word processing file, but paper copy is ok too), and should be approximately **150 words**. If you are interested in submitting an article for publication in our Newsletter, please contact our office.

Editor: Vaskie Turner Publisher: Ann Wallace

Webmaster: Aart Bik

https://ilcsaratoga.org/pdf/newsletter_2024_04.pdf

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Immanuel Lutheran Church of Saratoga

14103 Saratoga Ave.

Saratoga, CA 95070

